

CHEERS dears

The shortest day of the year is nearly here, so brighten up your day with cheerful shopping choices, says **Shannon Denny**



Face it
Green People's Oy! range for teenage skin uses organic and fair trade ingredients in the fight for a great complexion. Prebiotics support the good bacteria and fight the bad, while willow bark provides salicin to soothe and exfoliate. Tea tree banishes spots, green tea adds antioxidants to the mix, and the flower power of rosehip oil prevents scars and softens the skin.

**Eco Age, 213 Chiswick High Road, W4 2DW, 020 8995 7611
www.eco-age.com**



Rosy notes
A bright diary peeking out from the dark corners of your bag or lurking among the piles of papers on a desk is a surefire way to create a sunny mood. Filofax has a zingy pink special edition number (£43) that helps support the work of Breast Cancer Campaign.
**Ryman, 26 New Broadway, W5 2XA
020 8579 2839, www.ryman.co.uk**

Star status
Clean design and vibrant colours are trademarks of the Lucas Jack London jewellery collection. New additions to the range include 24-carat gold-plated pieces embellished with resin, statement cuffs, bold earrings and knuckle-busting rings for those who like to get noticed in life – including Cheryl Cole, who's been snapped wearing their sparkly things.
Buy online at www.lucasjack.com or at London Zu, 6 Devonshire Road, W4 2HD, 020 8747 4629

Feel-good factor
Louise Dutfield of The Cracked Pot Flower Boutique has teamed up with the NSPCC so that when you buy the shop's ChildLine bouquet (£45 plus postage and packing) a donation goes to the charity. "The bouquet is crammed full of flowers reflecting the joyful nature of children," she says. "It's fantastic to know that the £4 we donate per bouquet can pay for a ChildLine counsellor to answer a call from a vulnerable child."
159 Northfield Avenue, W13 9QT, 020 8579 1118, www.thecrackedpot.co.uk

