

COMPACT ORGANIC HERB GARDEN

Home-grown organic food is the healthiest and most environmentally friendly food you can get. They have zero food miles and are not laced with chemical pesticides and fertiliser. This compact herb garden is ideal for someone who loves cooking, but has limited space for growing their own herbs from seed. The box arrives brimming with eight established herb plants - rosemary, basil, sage, thyme, parsley, mint, chives and marjoram - all of which are happy growing indoors on a windowsill. Also, don't miss the organic vegetable garden, organic children's garden and organic window box garden from the same company. Because herbs are best grown from the spring, your recipient will receive a voucher to redeem in February or March.

How much: £24.95

Where from: My Greener Home (020-8133 9002; www.mygreenerhome.co.uk)



BODY BLISS LOTION

This non-greasy and light rejuvenating lotion pampers skin with jojoba and green tea - offering instant hydration for a super soft feeling.

Shea butter nourishes while the romantic scent of rose oil also promotes a naturally radiant complexion by helping to soothe and soften the skin and enhance its natural elasticity. Made without alcohol, parabens, phthalates and artificial fragrances - and certified organic - it's one of the purest moisturisers that nature can offer. A 2009/10 Green Beauty Bible winner, it's a gift that genuinely combines luxury with a clear conscience for even the most discerning eco-lover. Comes in 200ml dispenser.

How much: £16.00

Where from: Green People (01403 740350; www.greenpeople.co.uk)



SLOW COOKER

In these hard times, slow cooker sales are booming. Little wonder when you think of all those delicious casseroles and stews that can be cooked at penny pinching prices and with the least amount of effort and - critically for the eco lover - energy. When it comes to being economical to run, they are streets ahead of a large conventional oven. Morphy Richards Ecolectric slow cooker uses up to 44 per cent less energy than other standard slow cookers and there's no compromise on performance. You can come home to great meals, safe in the knowledge that you're doing your bit for the environment too.

How much: £39.95

Where from: Good Energy Shop (0845-456 1640; www.goodenergyshop.co.uk)



ECOSAVERS SHOWER TIMER

Reclaim your bathroom from family and guests who spend too long in the shower with the help of this endearing little duck shower timer. Just set the timer to seconds or minutes and the duck will beep to tell you to stop showering. The device can teach adults and children about the benefits of living in an eco-friendly way, and it will help you save money, water and energy - as well as the amount of time you spend banging on the bathroom door.

How much: £4.99 (budget buy)

Where from: Eco Kitchens (0844-848 9880; www.ecokitchenonline.com)

