

10 OF THE BEST

NEW TOOTHPASTES



Sensodyne Iso-Active Multi Action, £4.29

CONTAINS smaller particles than regular toothpaste to penetrate and clean gaps between teeth and gums.

■ Pharmacies and supermarkets nationwide

Boots Expert Orthodontic Toothpaste, £2.99

FOR brace wearers; contains a chemical called allantoin, which helps soothe irritation caused by rubbing.

■ Stores nationwide



Corsodyl Daily Gum & Tooth Paste, £3.91

CONTAINS sodium bicarbonate to neutralise acid; flavoured with echinacea, myrrh and sage extracts.

■ Pharmacies and supermarkets nationwide

BioRepair Night Protection Toothpaste, £3.99

A BUILD-up of bacteria overnight affects tooth enamel; a study has shown this may repair the damage.

■ From Boots



Green People Children's Mandarin Toothpaste, £3.19

FRUITY organic toothpaste for children who don't like mint.

■ 01403 740350; www.greenpeople.co.uk

Swissdent Stainless Toothpaste, £15

INTENSIVE whitening toothpaste for heavy staining; uses tiny calcium particles to get into cracks in teeth.

■ www.harveynichols.com; www.boots.com or 01273 408800



Aquafresh Fresh and Minty, £1.99

THIS contains minerals said to help teeth retain fluoride.

■ Supermarkets and pharmacies nationwide

Sarakan, £2.01

NATURAL toothpaste with extract of *Salvadora persica*, also known as the toothbrush tree, used for centuries to clean teeth.

■ From Holland & Barrett, health stores



Colgate Sensitive Pro-Relief, £3.79

RATHER than simply numbing